ARISE AND SHINE NEPAL

Annual Report

2082/83 B.S.



Leading Young People to a Better Adult Life

Year 2073 B.S.

From Deen Mitra Youth centre to Arise and Shine Nepal.

The picture was taken during a making of a documentary, it captures the whole neighborhood where ANS resides. The signature blue and white color buildings of ANS, where young people can dream.



INTERNATIONAL PARTNERS

Anonymous Partners

COLLABORATIONS & LOCAL PARTNERS

Publisher Arise and Shine Nepal
Year 2082 B.S.

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MESSAGE - CHAIRPERSON



Dear Friends,

I am honoured to welcome you to this Annual Report of Arise and Shine Nepal.

Our purpose has not changed. We exist so that young people have a safe place to belong and a real hope for a better adult life. Through the Drop Zone, CST, leadership and life-skills programs, parenting support, counselling, sports, and creative training, the Centre has continued to welcome youth from every background, without charge and without judgement. This work is possible because of you. I would like to sincerely thank you, our members, for your trust; our staff and volunteers for their daily care and commitment to young people; and the families and communities of Lalitpur, Dharan, and Hetauda who continue to walk with us. The Board remains committed to child protection, sound governance, and the faithful use of every resource entrusted to us.

As we reflect on the past year, we have the opportunity to review our progress, consider the reports presented, and make the decisions that will guide the Centre forward. I value the participation, questions, and counsel of everyone who contributes to this work. Together, we remain accountable to our vision of a safe, healthy, and peaceful community where young people can flourish.

Looking ahead, we will continue opening doors, strengthening our centres, and walking alongside the next generation until they can stand with confidence in adult life.

Thank you for your presence, for your partnership, and for standing with Arise and Shine.

Yours sincerely,
John S. Chhetri
Chairperson



MESSAGE - ACTING EXECUTIVE DIRECTOR

It is my privilege to share the Annual Report of Arise and Shine Nepal for the fiscal year 2082/83 B.S. As I reflect on the past year, I am deeply grateful for the opportunity to walk alongside young people, creating safe spaces where they can belong, grow, discover their potential, and have hope for a better future.

Our vision, "A safe, healthy, and peaceful community where all young people have hope of a better future," continues to guide our work. Through our Youth centres and diverse programs—including Drop Zone, CST, mental health support, career guidance, vocational training, sports, parenting programs, and Young Leaders Development—we have continued to respond to the needs of young people and equip them for a healthier and more hopeful future. A major milestone this year was the resumption of the Dharan Youth centre Project and the acquisition of land for the Youth centre in Dharan. These significant developments mark an important step in expanding our presence and long-term commitment to youth development in Dharan. Alongside this progress, our programs across Lalitpur, Hetauda, and Dharan reached more than 2,000 young people through our programs, creating opportunities for young people to grow, develop their skills, and prepare for a better future.

Beyond the numbers, the transformation reflected in the stories of young people—through increased confidence, positive choices, new skills, and stronger relationships—is what inspires us most. Their experiences remind us of the importance of providing safe, supportive, and empowering environments.

Our journey has not been without challenges. However, the dedication and resilience of our staff, Board, volunteers, partners, and supporters enabled us to continue serving young people even during difficult circumstances. I am particularly thankful for the commitment of our team and the trust of our partners and donors, whose support makes this work possible. Looking ahead, we remain committed to strengthening our programs, developing young leaders, expanding partnerships, and creating greater opportunities for skills and career development in line with our mission.

I sincerely thank our board members, staff, volunteers, donors, partners, the government, communities, and, most importantly, the young people who make our work meaningful. Your support and partnership give us the strength to continue.

Together, let us continue creating safe spaces, nurturing potential, developing young leaders, and inspiring hope for a better future.

With gratitude,
Muna Bhandari
Acting Executive Director

Executive Summary



During Fiscal Year 2082/83 (2025/26), Arise and Shine Nepal (ANS) continued to strengthen its commitment to empowering young people through quality youth development programs in Lalitpur, Hetauda, and Dharan. Throughout the year, ANS directly reached approximately 2,170 young people and engaged many of their parents through holistic programs that promote leadership, life skills, education, mental health, and community participation. By exceeding our planned targets, ANS continued to provide young people with hope, opportunities, and safe spaces that contribute to building healthy, peaceful, and resilient communities.

FY 2082/83 was a milestone year for the organization. ANS successfully resumed operations at the Dharan Youth centre, expanding its geographical presence and strengthening its long-term sustainability. Despite limited resources, the organization enhanced its operational systems and effectively implemented both the DZ and CST programs across all three centres. The Hetauda Youth centre continued to operate efficiently, while the organization successfully completed the Social Welfare Council (SWC) Monitoring and Evaluation process, demonstrating strong accountability, transparency, and compliance with national standards. The organization also achieved steady financial growth through prudent financial management, strengthened internal systems, and continued confidence from donors and partners.

During the year, ANS celebrated several key achievements, including:

- Successful purchase and legal transfer of permanent land for the Dharan Youth centre.
- Resumption and effective implementation of youth development programs in Dharan.
- Successful completion of the SWC Monitoring and Evaluation for the three-year approved project.
- Effective mobilization of youth volunteers across all ANS Youth centres, enhancing community engagement and program delivery.

The fiscal year also presented significant challenges. The nationwide Gen Z movement and resulting political instability temporarily disrupted operations, requiring the suspension of activities for five days and affecting youth participation.

In addition, uncertainty regarding future donor funding highlighted the importance of strengthening local resource mobilization and diversifying funding sources. Despite these challenges, ANS staff demonstrated remarkable resilience and maintained uninterrupted support for young people whenever possible.

To build stronger relationships with the parents of young people, ANS implemented targeted outreach strategies, including home visits to reconnect with young people and their families. These initiatives successfully increased youth engagement across the Lalitpur, Hetauda, and Dharan Youth centres. The organization also continued investing in institutional strengthening by initiating the review and revision of its Five-Year Strategic Plan and implementing a comprehensive Database Management System (DMS) to improve record management, monitoring and evaluation, and evidence-based decision-making. Furthermore, ANS explored local fundraising opportunities and strengthened partnerships with like-minded organizations to enhance long-term sustainability.

As ANS approaches its tenth anniversary since its establishment in 2016, the organization remains committed to empowering young people through leadership development, life skills, and meaningful participation in their communities. These achievements would not have been possible without the dedication and support of our staff, Board members, volunteers, partners, donors, government stakeholders, and the communities we serve.

On behalf of the ANS team, I extend my sincere gratitude to everyone who has supported our mission throughout the year. As we enter the new fiscal year, we remain committed to working together with renewed purpose, innovation, and faith to create lasting opportunities and positive change for young people across Nepal.

Yours sincerely,
Anugraha Tamang
Operations Manager

ABOUT ARISE AND SHINE NEPAL

Arise and Shine Nepal (ANS) is an initiative addressing the spiritual, social, and economic needs of young people in Nepal. ANS responds to challenges faced by young people, including bullying, unhealthy relationships, substance abuse, petty crimes, disengagement from education, and other negative influences that can affect their growth and future. Through its Youth centres in Lalitpur, Hetauda, and Dharan, ANS provides safe, loving, and informal spaces where young people can regularly come, build positive relationships, participate in recreational activities, and find support and encouragement. Alongside creating safe spaces, ANS engages young people through a range of programs including life-skills and character development, emotional and mental health support, career guidance, vocational and technical training, sports, parenting support, and young leaders development. Through these programs and opportunities, ANS seeks to help young people develop their potential, strengthen their skills and confidence, and prepare for better and healthier adult lives.

OUR CORE VALUES



VISION

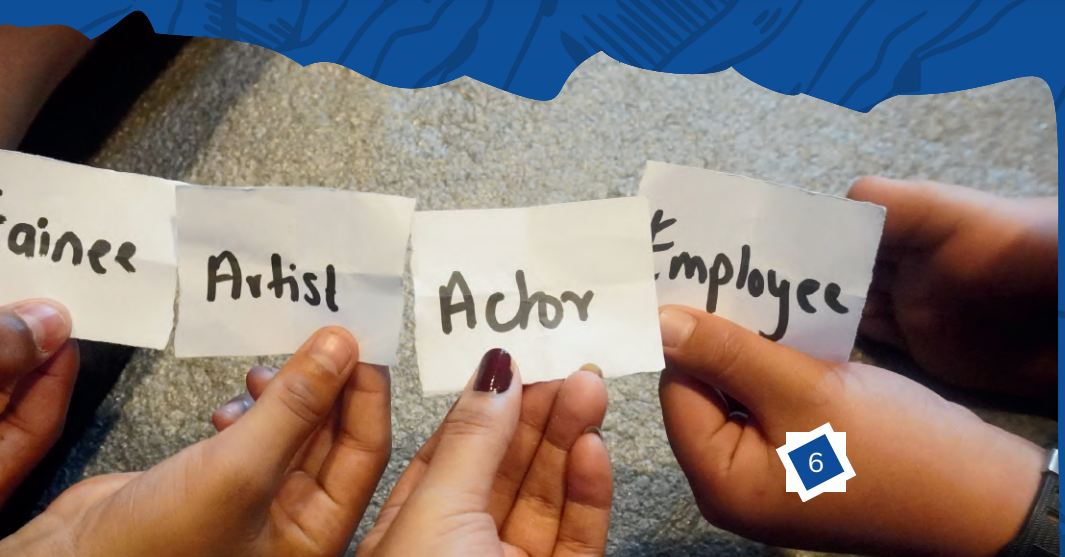
A safe, healthy and a peaceful community where all young people have hope of a better future.

MISSION

To operate a Youth centre that provides a gathering place and a set of programs that attracts youth to keep them safe as well as develop them for better career opportunities.

OUR MAJOR OBJECTIVES

- Develop a loving, learning, and growing community of young people.
- Develop a healthy relationship between parents and their teenagers.
- Develop potential leaders early giving them life skills and confidence.
- Increase chances of getting jobs for youths.
- Provide a safe gathering place for the young people.
- Engage youths, fuel their passion, and prepare them for their future.



PROGRAMS



DROP ZONE

A regular program to prevent young people from risk-taking behaviors such as substance abuse, school drop outs, minor crimes, etc. along with developing their social skills through various kinds of recreational activities.

COME, SEE & TASTE

A regular program to connect all ANS youths by bringing them together on a weekly basis in order to develop a loving, learning and a growing community of young people.





Parenting Teenagers

A periodic program to empower parents of young people, giving them skills and understanding to deal with their teenagers.



Career Guidance Workshop

A periodic program to equip young people with technical and life skills training that enhances their career possibilities as well as personality development.



Sports

A periodic program to bring young people together through sports and promote physical wellbeing in the process.



Mental & Emotional Health Counseling

A regular program to provide counseling, relevant guidance and support to young individuals making them aware of their feelings, process and manage their thoughts and emotions so that they become emotionally and mentally resilient.



Vocational & Technical Training

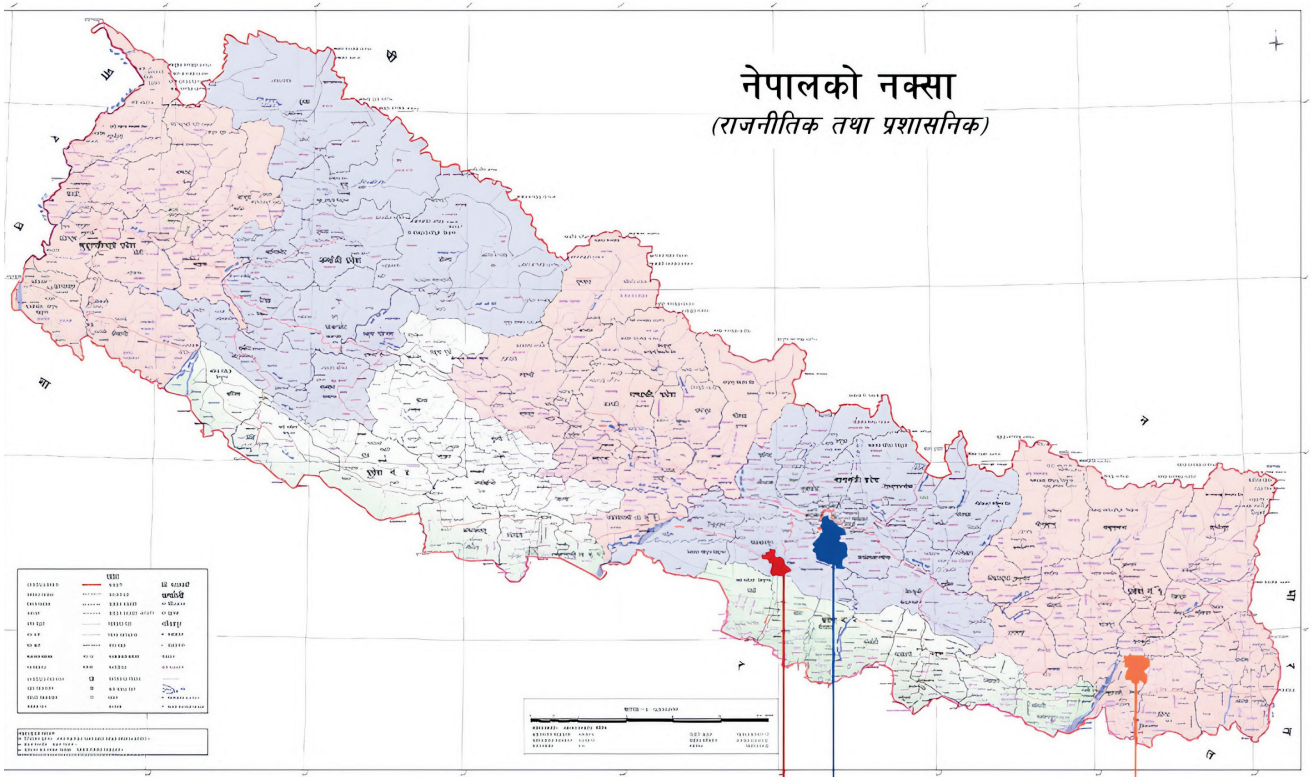
A regular program to provide vocational and technical training opportunities to youths so that they have increased chances to be self-employed or get employment opportunities.



Young Leaders Development

A regular program with an appraoch where young people are given opportunities to enhance their potential and leadership, receive mentorship and demonstrate the positive youth values.

WORKING DISTRICTS



Lalitpur (Head Quarters)	SHANTI MARGA, BHAINSEPATI, LALITPUR-18
Dharan	JHARANA CHOWK, DHARAN-5, SUNSARI
Hetauda	THANABHARYANG, HETAUDA-11, MAKWANPUR

YEAR AT A GLANCE



Fiscal Year 2082/83 B.S. (2025/26 A.D.) was a year of meaningful growth and important milestones for Arise and Shine Nepal. Across our Youth centres in Lalitpur, Dharan, and Hetauda, we reached 2,170 young people through more than 60 programs and activities focused on learning, leadership, life skills, and personal growth. A major milestone was the acquisition and legal transfer of permanent land for the Dharan Youth centre, strengthening our long-term presence in Dharan. We also strengthened our programs, partnerships, volunteer engagement, and organizational systems, and successfully completed the Social Welfare Council monitoring and evaluation process. Despite challenges, the dedication of our staff, volunteers, partners, donors, and communities enabled us to continue empowering young people with hope and purpose.

LALITPUR BRANCH



DROP ZONE

Male	1058
Female	218
Total	1276







COME, SEE & TASTE

Male	674
Female	211
Total	885

LALITPUR BRANCH



Parenting Teenagers

Male	46
Female	58
Total	104







Mental & Emotional Health

Male	21
Female	115
Total	136

LALITPUR BRANCH





SPORTS

Male	280
Female	44
Total	324

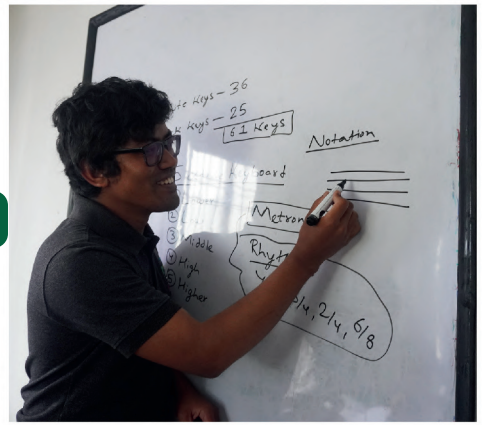




CAREER GUIDANCE WORKSHOP

Male	99
Female	105
Total	204

LALITPUR BRANCH



VOCATIONAL TRAINING

Male	16
Female	43
Total	59







YOUNG LEADERS DEVELOPMENT

Male	11
Female	6
Total	17

DHARAN BRANCH

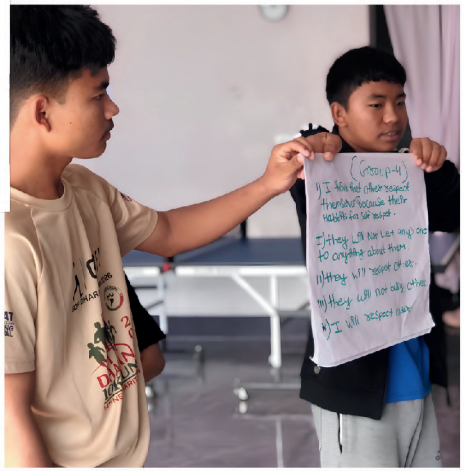


DROP ZONE

Male	118
Female	29
Total	147







COME, SEE & TASTE

Male	47
Female	9
Total	56

HETAUDA BRANCH



DROP ZONE

Male	181
Female	51
Total	232







COME, SEE & TASTE

Male	122
Female	44
Total	166

HETAUDA BRANCH



PARENTING TEENAGERS

Male	5
Female	18
Total	23







CAREER GUIDANCE

Male	15
Female	23
Total	38


Menstrual Health
Total: 37
*1


Anti-bullying awareness
Total: 28
*1


ANS Cleanliness
Total: 70
*1


Suicide Prevention Workshop
Total: 31
*1


Annual GA
Total: 34
*1


Baking Workshop
Total: 25
*1


Facilitation Workshop
Total: 7
*1


Alumni Reunion
Total: 53
*1


Youth Hike
Total: 27
*1

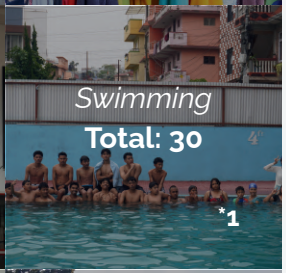

Clothes Distribution
Total: 80
*1


Home Visit
Total: 12
*12


Farmer's Market
Total: 86
*1


Business Workshop
Total: 19
*1


Counselling Training
Total: 13
*1


Swimming
Total: 30
*1


Facilitators Review & Team building
Total: 13
*1

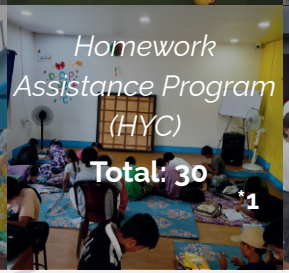

Futsal Training with Lalitpur ward
Total: 11
*1


Relationship Workshop
Total: 42
*1


Mental Health Youth Camp
Total: 26
*1


Picnic (HYC)
Total: 36
*1


Kitchen Gardening with Hetauda ward
Total: 43
*1


Homework Assistance Program (HYC)
Total: 30
*1


Dharan Inauguration
Total: 34
*1


Monthly Youth Gathering
Total: 76
*11


Open Mic
Total: 161
*12

TESTIMONIALS



Salina Gurung
22 Y/O
Mental Health Youth Camp (LYC)

Participating in youth camp was a very meaningful and educational experience for me. Through different activities, discussions, sessions, and interactions, I learned mental health is just as important as physical health. One of the most important things I learned was how to recognize signs of stress, trauma, anxiety, emotional difficulties, and other mental health challenges, and how to cope with them. I also learned the importance of expressing emotions with trusted people, seeking help from professionals when needed, and sharing problems with others. The camp also helped me improve my communication and interact with others, which allowed me to hear different experiences and perspectives. As a psychology student, the camp was relevant to my learning. Overall, it was a beautiful experience. It increased my awareness in the field of mental health and encouraged me to be more understanding, supportive, and responsible towards the mental wellbeing of myself and others.



Eunice Lama
17 Y/O
Young Leaders Development (LYC)

Hello, it's me, a member of the YLD 3rd batch. I am truly grateful to be a part of this wonderful journey. All six series were very effective and meaningful, and they helped me become a better and more confident person than before. The pottery outing was one of my favourite experiences, as I really enjoyed expressing myself and spending time with everyone. I also learned the importance of self-care, especially my mentor's advice about treating myself after doing something great, which I found meaningful and have started applying in my life. I loved the sense of unity and teamwork throughout the sessions, where we supported each other, shared ideas, and learned together. This journey helped me build my confidence, develop new interests, and become more comfortable expressing myself. Overall, YLD gave me many valuable lessons, wonderful memories, and a stronger belief in myself, and I am truly thankful to have been a part of it.



Nikesh B.K
13 Y/O
Drop zone (DYC)

Initially, I spent most of my time playing games on my mobile phone. Before coming here, I did not know how to play chess or table tennis. After I started coming to Drop Zone, I learned how to play these games. Coming here has helped me reduce some of my bad habits and improve my behaviour. I have learned the importance of good manners, discipline, respect, and cooperating with others. I have also become more comfortable interacting with other young people and making new friends. The Drop Zone feels like our own place where we can enjoy ourselves, learn, and grow together.



Saron Rai
14 Y/O
CST (DYC)

Before joining CST at the Youth Centre, I was very inactive, but CST has helped me learn many things. It has improved my thinking, built my confidence, and taught me valuable lessons. The sessions have helped me understand important values, such as knowing that I am a unique and precious creation, recognizing that I can be an asset to my community, and learning to respect myself as well as the people around me. CST has encouraged me to think more positively, discover my abilities, and become a better version of myself. The lessons and activities have positively influenced my behaviour and the way I look at different situations in my day-to-day life. CST has become an important and meaningful part of my life, where I can learn, grow, build friendships, and prepare myself for the future.



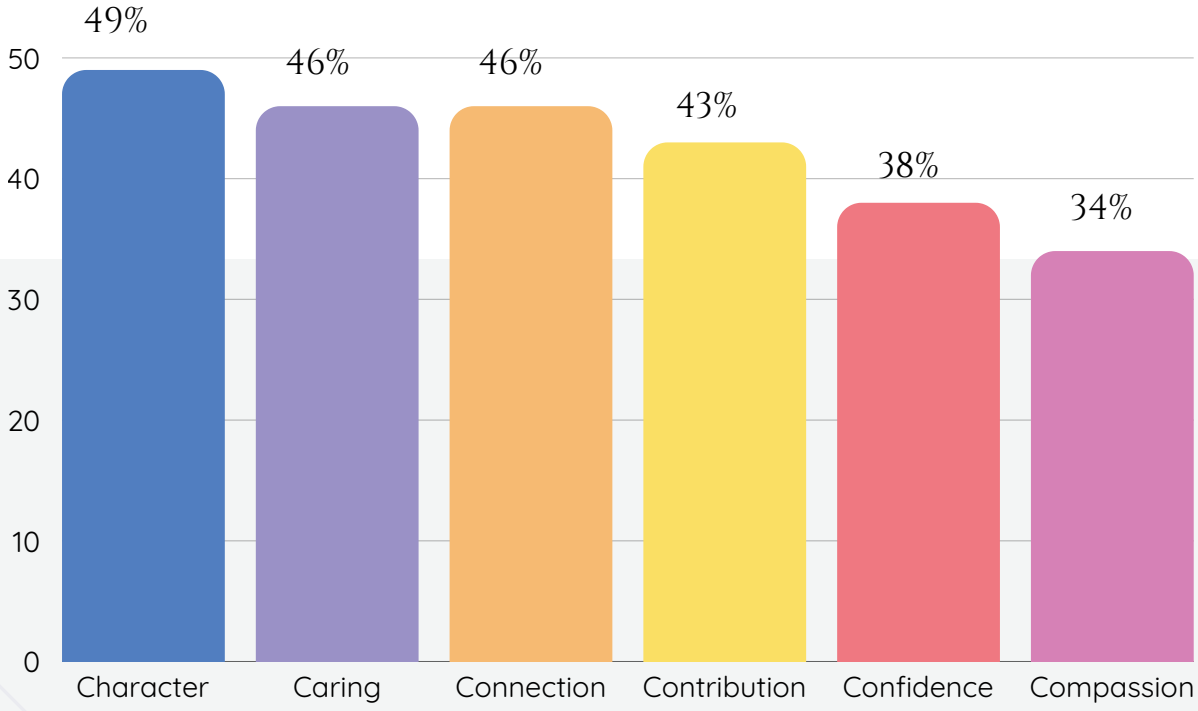
Pream Syangbo
57 Y/O
Parenting
Teenagers (HYC)

The topics and content shared about parents and children were very meaningful and practical. In our community, the environment can be challenging for young people, with many negative influences and practices that can affect their growth. I learned that parenting is not only about providing basic needs and setting rules, but also about listening, communicating, showing love and understanding, setting healthy boundaries, and guiding children with patience. This workshop helped me better understand my child's needs and what I, as a parent, should do to support and guide them. It helped raise awareness among parents so that we can better support our children during their youth.

PYD IMPACT ASSESMENT

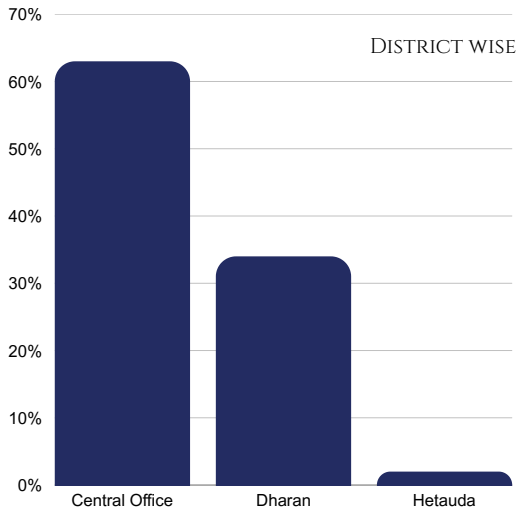
The assessment indicates that ANS-supported youth demonstrate their strongest development in Character, Caring, and Connection, reflecting positive personal values and relationships. Contribution also shows a relatively strong foundation.

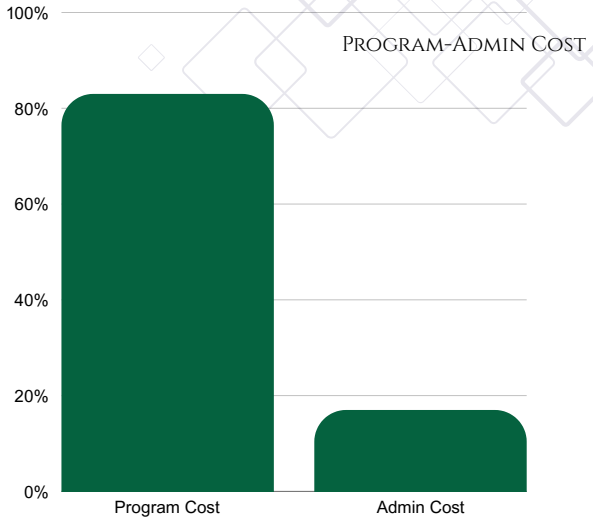
At the same time, Confidence and Competence remain key areas for further development, particularly through practical skills, leadership opportunities, mentoring, and confidence-building activities.



SOURCE: ANS DATABASE MANAGEMENT SYSTEM (2025)

FINANCIAL SUMMARY





PARTICULARS	AMOUNT
OPENING FUND	
Nabil Bank	312,538
Sanima Bank	954,230
Cash	7,050
Advance and Receivables	2,950,000
Liabilities and Taxes	(163,184)
Total Opening Balance	**4,060,634**
FUND RECEIVE	
Foreign Donation	25,360,653
Local Income	857,057
Total	**26,217,710**

Central Office Expense	
Daily Dropzone and creational activities	1,346,418
Weekly CST & Life skills	354,397
Mentoring and counseling	148,257
Parenting Teenagers	14,910
Volunteer & Young Leaders Development	65,689
School Students Forum (SSF)	6,776
Youth Camp and Day celebrations	148,223
Vocational Trainings	56,011
Computer & IT	42,890
Sports, Arts, Music and Dance	121,329
Staff Development Trainings and Retreats	182,695
YC Kitchen Supplies and Expenses	696,491
YC Facilities Construction and Repair	408,521
Human Resource	8,389,795
Minor Assets	980,216
Organizational Development Renewals, Coordination & Strategic Planning	332,126
Admin and Operational cost	2,647,817
Sub -total Central Office	**15,942,561**
Dharan Project	
Drop Zone and creational activities	66,665
Weekly CST and life skills	18,989
Dharan Coordination Cost	126,371
Dharan Staff	330,720
Assets and Major purchases	140,303
Land/building Construction and Repair	7,658,832
Other office expeness	276,351
Sub- total Dharan Project	**8,618,231**

Hetauda project	
Daily Dropzone and creational activities	110,947
Weekly CST & Life skills	92,875
Community leader and youth trainings	32,150
Training materials and supplies	33,093
Travel/ Communication	51,337
Hetauda rent and facility charge	216,000
Other office expeness	14,125
Sub- total Hetauda Project	550,527
Total Expense	**25,111,319**
YEAR END CLOSING	
Nabil Bank	2,071,661
Sanima Bank	3,083,124
Advance and Receivables	238,485
Payable	(226,245)
CLOSING FUND	5,167,025

AUDIT REPORT

P.P. PRADHAN & CO
CHARTERED ACCOUNTANTS

P.P. Pradhan & Co
Neer Bhawan Marg 479, Sanepa, Lalitpur
PO Box: 3242, Kathmandu, Nepal
T: +977 1 5451126 E: info@ppradhan.com

INDEPENDENT AUDITOR'S REPORT

The Members,
Arise and Shine Nepal,
Lalitpur, Nepal.

Opinion on Financial Statements

We have audited the financial statements of Arise and Shine Nepal ("the Organisation"), which comprise the Statement of Financial Position as at 32nd Ashadh 2083 (16 July 2026), the Statement of Income and Expenditure, the Statement of Changes in Reserves and the Statement of Cash Flow and Statement of Accounting Policies and Notes to the Financial Statements for the year then ended.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of Arise and Shine Nepal as at 32nd Ashadh 2083 (16 July 2026), and its financial performance and its cash flows for the year then ended in accordance with the Nepal Accounting Standard for Not-for-Profit Organisations (NAS for NPOs).

Basis for Opinion

We conducted our audit in accordance with Nepal Standards on Auditing (NSAs). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organisation in accordance with the ethical requirements that are relevant to our audit of the financial statements in Nepal, and we have fulfilled our other ethical responsibilities in accordance with these requirements and the Code of Ethics issued by the Institute of Chartered Accountants of Nepal (ICAN). We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation of the financial statements in accordance with the Nepal Accounting Standard for Not-for-Profit Organisations (NAS for NPOs), and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Organisation's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organisation or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Organisation's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with NSAs will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with NSAs, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of Arise and Shine Nepal's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on Arise and Shine Nepal's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause Arise and Shine Nepal to cease to continue as a going concern.
- Evaluate the overall presentation, structure, and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Pratap P Pradhan
Partner
PP Pradhan & Co
Chartered Accountants

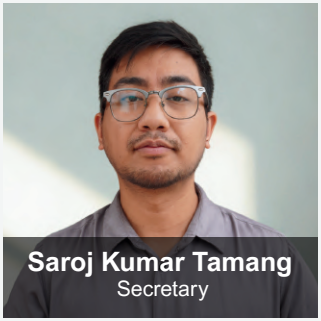
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Place: Lalitpur, Nepal

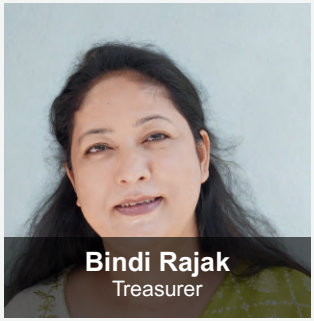
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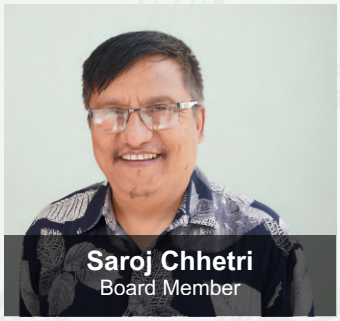
EXECUTIVE COMMITTEE

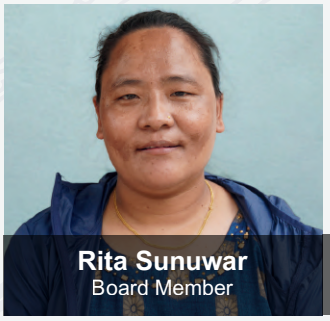

John Suresh Chhetri
Chairperson

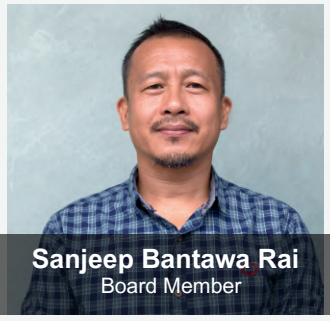

Smriti Tamang
Vice Chairperson

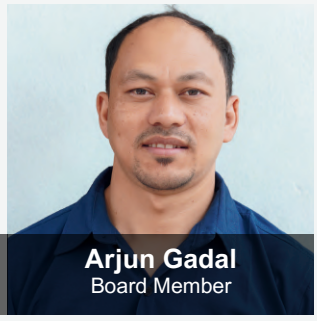

Saroj Kumar Tamang
Secretary

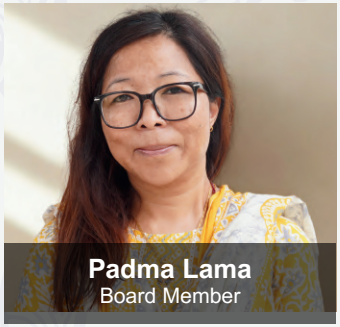

Bindi Rajak
Treasurer


Saroj Chhetri
Board Member


Rita Sunuwar
Board Member

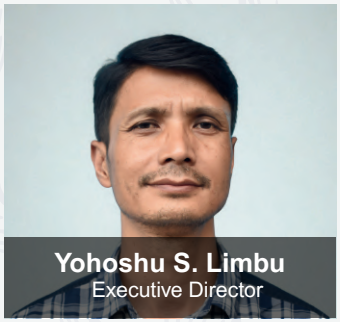

Sanjeep Bantawa Rai
Board Member


Arjun Gadal
Board Member


Padma Lama
Board Member

HUMAN RESOURCE

Lalitpur Branch



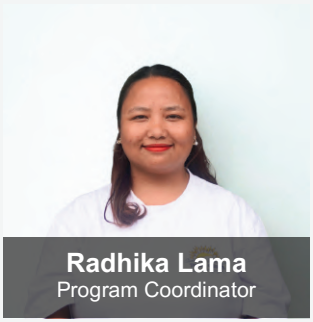
Yohoshu S. Limbu
Executive Director



Muna Bhandari
Acting Executive Director



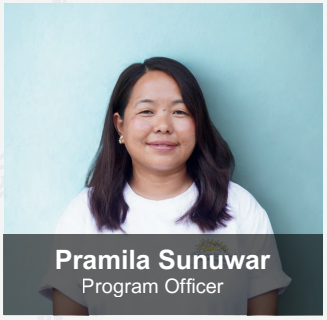
Anugraha Tamang
Operations Manager



Radhika Lama
Program Coordinator



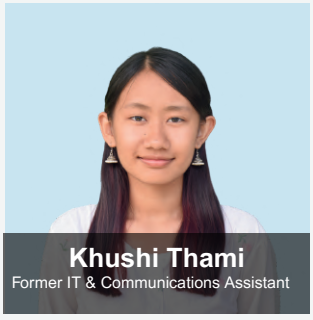
Bishnu Awasthi
Liaison/Admin Coordinator



Pramila Sunuwar
Program Officer



Samiksha Moktan
Admin/Finance Officer



Khushi Thami
Former IT & Communications Assistant



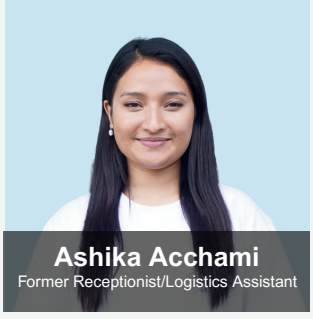
Anusha Shrestha
Program Assistant



Shristi Muktan
Program Assistant



Ritika Pradhananga
Admin/Finance Assistant



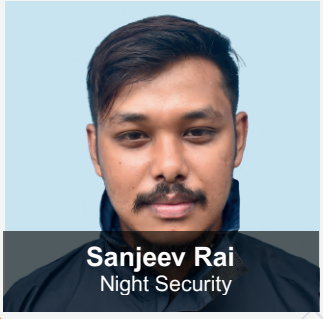
Ashika Acchami
Former Receptionist/Logistics Assistant



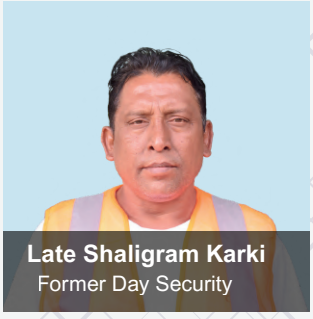
Arastu Magar
Communications & IT Assistant



Sarita Giri
Janitor



Sanjeev Rai
Night Security



Late Shaligram Karki
Former Day Security



Tenimaya Magar
Janitor



Angel Kripa
Program Intern/Facilitator



Arjusha Gautam
Program Intern



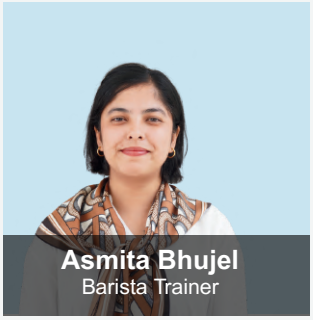
Rehan Tamang
IT Intern



Salina Gurung
Program Volunteer/Facilitator



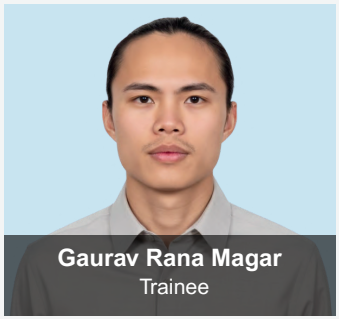
Simon Shrestha
IT Intern



Asmita Bhujel
Barista Trainer



Sanam Rai
Music Trainer

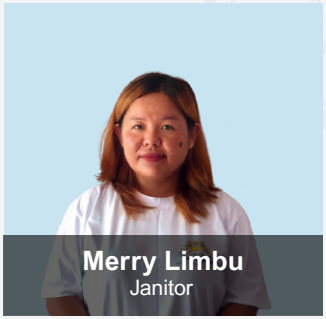


Gaurav Rana Magar
Trainee

Dharan Branch

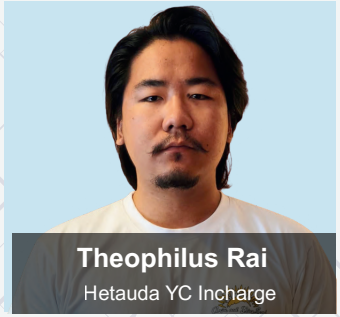


Bishnu Sunuwar
Dharan Program Associate

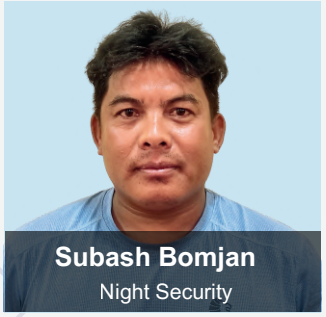


Merry Limbu
Janitor

Hetauda Branch



Theophilus Rai
Hetauda YC Incharge



Subash Bomjan
Night Security

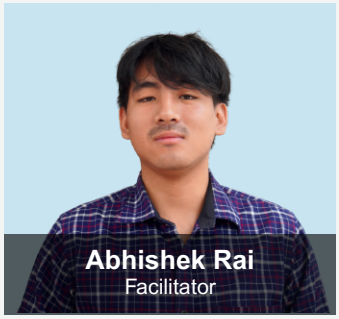


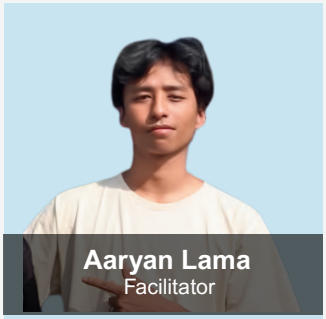
Ambika Subedi
Janitor

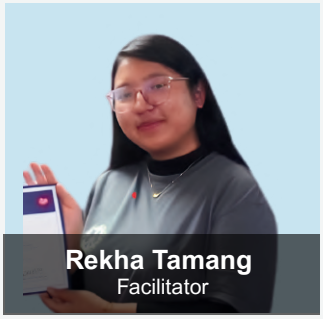


Tabitha Syangbo
Program Intern

Facilitators







Youth Council of Youth Centre



CHALLENGES & LEARNING

Challenges

1. Managing finances and ensuring smooth overall office operations with limited resources.
2. Lengthy approval processes at local and national levels, combined with short-term funding commitments, make it difficult to secure timely government approvals for youth centres across different districts.
3. Local income generation accounted for only 3.27% of total income, which constrained the organization's financial sustainability.
4. Sustaining consistent senior youth participation while responding to their evolving needs, interests, and challenges remains a key challenge for ANS, particularly as they balance education, employment, family responsibilities, and increasing independence.

LEARNINGS

1. A strong reserve fund is essential for financial stability, sustainability, and continuity of national level projects during emergencies.
2. Partnerships and local ownership enhance ANS's reach and impact by mobilizing diverse resources, expertise, and support while ensuring programs remain relevant, community-driven, and sustainable in the long term.

HIGHLIGHTS OF THE FISCAL YEAR 2082/83 B.S.

1. Services in Youth centre in Dharan resumed in a new rented space.
2. ANS purchased a land of its own in Deurali, Dharan-5, Sunsari, Nepal.
3. Successful completion of monitoring and evaluation for last three years of Arise and Shine Nepal by Social Welfare Council.
4. Blessed with new like-minded organizations as our program collaboration partners.
5. Effective youth volunteer mobilization in all three centres

ACRONYMS

1. **ANS =** Arise and Shine Nepal
2. **LYC =** Lalitpur Youth Centre
3. **HYC =** Hetauda Youth Centre
4. **DYC =** Dharan Youth Centre
5. **CST =** Come, See & Taste
6. **YC =** Youth Centre

Every young person carries the power to inspire, lead, and create change. Together, let us turn our dreams into action and build a future where every voice has the opportunity to shine.

We sincerely thank our donors, partners, supporters, board, staff, interns, volunteers, and communities for your continued trust and collaboration.



Donate Here

Our Links

THANK YOU!

Phone: 5590662, 59114861

Email: info@ariseandshine.org.np

Website: www.ariseandshine.org.np

Location: Shanti marga, bhainsepati, lalitpur-18

